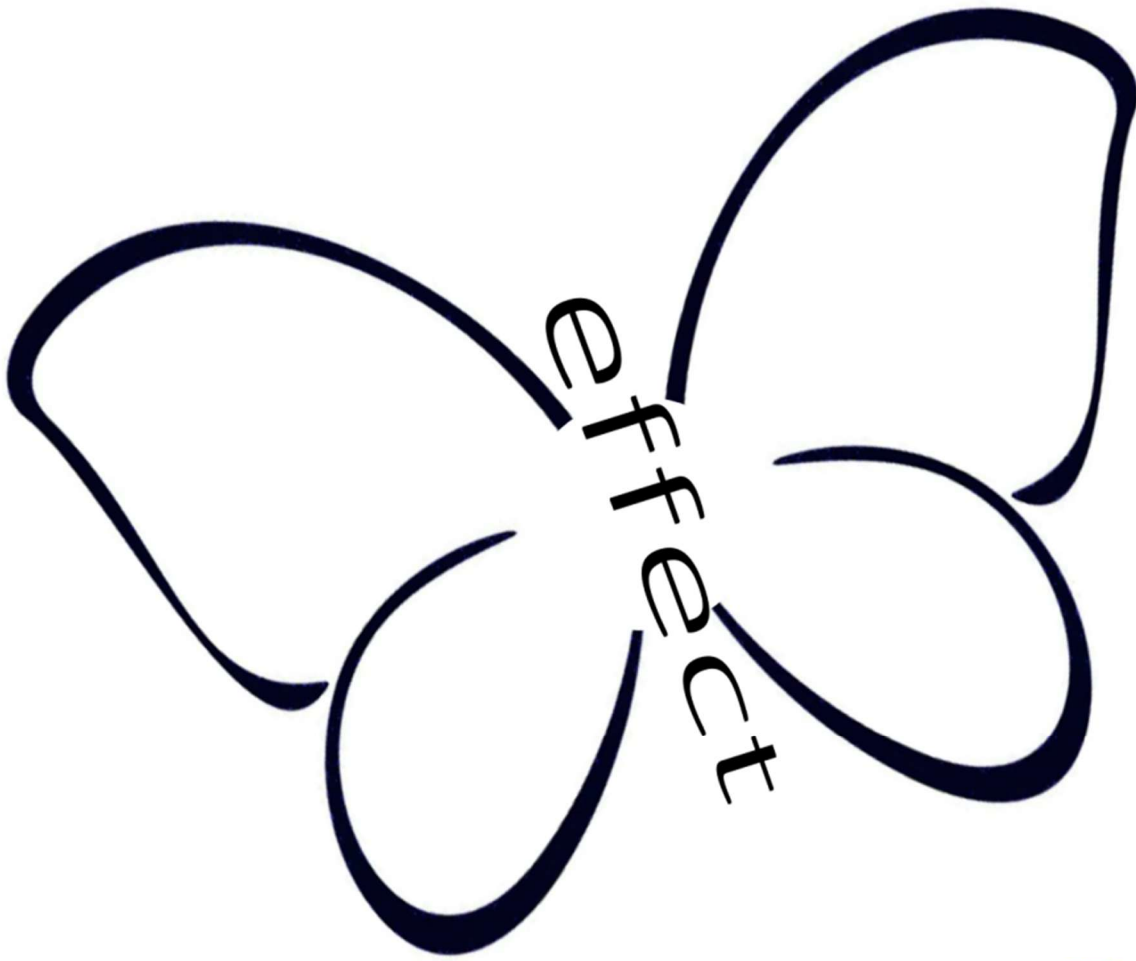


Here's a butterfly for you to colour in and put in your window to show you've made a promise.



How about making one from a crisp packet?

Here's how

- Open-up the packet and flatten it out.
- Fold in two and draw the outline of a butterfly wing.
- Cut round the outline and unfold so you can see both sets of wings.
- Cut a pipe-cleaner so it is twice the length of the middle bit.
- Now scrunch up the middle bit with the folded-over pipe-cleaner.
- Twist it to form the butterfly's antennae.



Do you need a pipe-cleaner?

We may have some

Just ask at the front desk.